

Milwaukee Women's Track & Field 2014 Outdoor Top Times

100m			5000m			Shot Put		
Simbi Laaro (5th)	11.89	4/12	Gayana Wanniarachchi	18:29.12	4/12	Nancy Harmon	40-2 3/4	12.26m 4/4
CherRay Dixon	12.25	5/4	Ally Anich	18:29.62	4/12	Kamry Gipson	38-10 1/2	11.85m 4/12
Anuli Okonkwo	12.37	4/4	Claire Himmel	18:52.94	4/12	LaBrea Johnson (h)	26-7 3/4	8.12m 5/4
Kate Novacek	12.46	4/26	Annette Lemanski	19:00.26	3/29	Tess Nelson (h)	22-7	6.88m 4/11
Michelle Garner	12.63	3/22	Emily Schaal	20:16.49	4/19	Discus Throw		
LaBrea Johnson	12.66	4/26	Katy Koch	21:00.31	4/19	Nancy Harmon	123-0	37.50m 3/22
Shannon Wagner	13.06	4/19	10000m			Kamry Gipson	99-2	30.24m 5/4
Melinda Gayle	13.26	4/19	Ally Anich	39:37.15	5/4	Hammer Throw		
Morgan Torrence	13.73	4/19	100m Hurdles			Nancy Harmon (1st)	182-6	55.63m 5/4
200m			Michelle Garner	14.75	5/4	Kamry Gipson	98-3	29.95m 4/26
Simbi Laaro (3rd)	24.24	4/12	Chelsea Maxey	14.81	4/19	Javelin Throw		
Sherice Hewett (8th)	24.80	5/4	Sherice Hewett	14.92	4/12	Michelle Garner	89-7	27.32m 4/19
Anuli Okonkwo (9th)	24.82	5/4	Morgan Torrence	15.25	4/4	LaBrea Johnson	78-9	27.05m 5/4
Kate Novacek	25.40	5/4	Tess Nelson	15.31	4/11	Ashley Brusveen	76-7	23.36m 4/26
CherRay Dixon	25.45	4/19	LaBrea Johnson	15.96	4/11	Tess Nelson (h)	69-10	21.29m 4/11
LaBrea Johnson	h 26.21	5/4	400m Hurdles			CherRay Dixon	65-3	19.90m 4/4
Chelsea Maxey	26.41	4/4	Michelle Garner (3rd)	1:00.80	5/4	Heptathlon		
Shannon Wagner	26.64	4/26	Chelsea Maxey	1:01.93	4/19	Tess Nelson	3843 points	4/11
Tess Nelson	h 26.81	4/11	LaBrea Johnson	1:09.12	4/19	LaBrea Johnson	3449 points	5/4
Melinda Gayle	27.24	4/26	Tess Nelson	1:10.36	4/19	<hr/>		
Morgan Torrence	28.89	3/29	4x100m Relay			Place in School History Noted in Parenthesis		
400m			Okonkwo, Hewett, Dixon, Novacek (5th)	46.89	5/4	h/(h) Notes time came during heptathlon		
Anuli Okonkwo (t-5th)	55.70	5/4	4x400m Relay			3/22 - Cougar Classic (Edwardsville, Ill.)		
Kate Novacek (t-9th)	56.92	5/4	Laaro, Okonkwo, Garner, Novacek (2nd)	3:48.44	4/12	3/29 - Bill Cornell Invitational (Carbondale, Ill.)		
CherRay Dixon	1:02.51	3/22	High Jump			4/4 - Marquette Duals (Milwaukee, Wis.)		
800m			Ashley Brusveen	5-1 1.55m	4/4	4/11 - Lee Calhoun Invitational (Macomb, Ill.)		
Dana Clausen (6th)	2:13.73	5/4	Tess Nelson (h)	4-11 1.50m	4/11	4/12 - Billiken Invite (St. Louis, Mo.)		
Leah Holmes	2:15.87	4/19	Kanika Bass	4-8 1/4 1.43m	4/26	4/13 - Warrior Invite (Milwaukee, Wis.)		
Sammy Woller	2:17.66	4/19	Morgan Torrence	4-6 1/4 1.38m	4/26	4/18 - Mt SAC Relays (Walnut, Calif.)		
Carissa Schneider	2:24.86	4/19	LaBrea Johnson (h)	4-6 1/4 1.38m	4/11	4/19 - Gateway Invite (Edwardsville, Ill.)		
Adriana Gutierrez	2:25.13	5/4	Long Jump			4/24 - Kip Janvren Invite (Indianola, Iowa)		
Tess Nelson	h 2:41.47	4/11	Sherice Hewett	17-10 3/4 5.45m	4/12	4/25 - Drake Relays (Des Moines, Iowa)		
LaBrea Johnson	h 2:46.65	4/11	LaBrea Johnson	16-8 3/4 5.10m	5/4	4/26 - Drake Alternative (Whitewater, Wis.)		
1500m			Shannon Wagner	16-2 1/2 4.94m	4/26	5/4 - HL Championships (Youngstown, Ohio)		
Leah Holmes (7th)	4:39.05	5/4	Tess Nelson	16-0 1/4 4.88m	4/19	5/8 - Dr. Keeler Invite (Naperville, Ill.)		
Dana Clausen	4:54.91	4/19	Kanika Bass	13-4 3/4 4.08m	4/19	5/9 - EIU Twilight (Charleston, Ill.)		
Carissa Schneider	4:55.54	5/4	Triple Jump			5/16 - Louisville Twilight (Louisville, Ky.)		
Adriana Gutierrez	4:58.39	4/26	Sherice Hewett	40-6 1/4 12.35m	5/4			
Annette Lemanski	5:01.81	4/19	Kanika Bass	35-4 10.77m	4/19			
Claire Himmel	5:01.87	4/19						
Gayana Wanniarachchi	5:04.59	4/19						
Ally Anich	5:08.75	4/19						
3000m								
Claire Himmel	11:01.39	3/22						
Ally Anich	11:13.48	4/4						
Annette Lemanski	11:20.89	4/4						
Gayana Wanniarachchi	11:30.46	4/4						
Hannah Jost	12:03.32	3/22						
Katy Koch	12:17.68	4/4						

ALLY ANICH

1500m	28th	5:08.75	4/19
3000m	9th	11:13.48	4/4
5000m	6th	18:31.50	3/29
	8th	18:29.62	4/12
10000m	10th	39:37.15	5/4

KANIKA BASS

High Jump	6th	4-8 1/4	1.43m	4/26
Long Jump	19th	13-4 3/4	4.08m	4/19
Triple Jump	--		FOUL	3/29
	3rd	33-0 1/2	10.07m	4/4
	4th	34-5 1/2	10.50m	4/12
	11th	35-4	10.77m	4/19
	5th	35-1 1/4	10.70m	4/26
	9th	34-7	10.54m	5/4

ASHLEY BRUSVEEN

High Jump	4th	4-9	1.45m	3/22
	5th	4-10 1/4	1.48m	3/29
	3rd	5-1	1.55m	4/4
	--		NH	4/12
	12th	4-11	1.50m	4/19
	3rd	5-0 1/4	1.53m	4/26
Javelin	15th	68-4	20.84m	4/19
	15th	76-7	23.36m	4/26

DANA CLAUSEN

800m	10th	2:21.39	3/29
	4th	2:26.57	4/4
	3rd	2:19.11	4/12
	3rd	2:19.59	4/26
	2nd (p)	2:13.73	5/4
	1st (f)	2:16.64	5/4
1500m	13th	5:03.03	3/22
	16th	4:54.91	4/19

CHERRAY DIXON

100m	6th		12.59	3/29
	4th		12.99	4/4
	6th		12.58	4/12
	19th (p)		12.47	4/19
	1st (p)		12.54	4/26
	1st (f)		12.46	4/26
	5th (p)		12.55	5/4
	4th (f)		12.25	5/4
200m	9th		26.59	3/22
	7th		26.21	3/29
	6th		25.46	4/12
	13th		25.45	4/19
	12th (p)		25.87	5/4
400m	8th		1:02.51	3/22
Javelin	5th	65-3	19.90m	4/4

MICHELLE GARNER

100m	7th	12.63	3/22	
100H	18th (p)	15.61	4/19	
	3rd (p)	15.45	4/26	
	1st (f)	14.97	4/26	
	7th (p)	14.75	5/4	
	7th (f)	15.34	5/4	
400H	1st	1:04.94	3/22	
	1st	1:05.02	4/4	
	3rd	1:02.76	4/12	
	1st	1:01.74	4/19	
	1st (p)	1:02.19	5/4	
	1st (f)	1:00.80	5/4	
	3rd	1:03.07	5/16	
Javelin	3rd	79-8	24.28m	4/4
	11th	89-7	27.32m	4/19
	18th	71-7	21.83m	4/26

MELINDA GAYLE

100m	14th	13.50	3/22
	--	13.62	4/13
	28th (p)	13.26	4/19
	12th (p)	13.28	4/26
200m	13th	28.24	3/22
	8th	28.19	4/4
	--	28.02	4/13
	39th	27.45	4/19
	8th	27.24	4/26

KAMRY GIPSON

Shot Put	17th	36-1 1/4	11.00m	3/29
	5th	37-5 3/4	11.42m	4/4
	3rd	38-10 1/2	11.85m	4/12
	15th	35-11 1/2	10.96m	4/26
	10th	37-5 3/4	11.42m	5/4
Discus	10th	88-5	26.96m	3/22
	6th	81-9	24.92m	4/4
	19th	99-2	30.24m	5/4
Hammer	10th	73-2	22.31m	3/22
	6th	86-5	26.35m	4/4
	22nd	98-3	29.95m	4/26
	15th	94-9	28.87m	5/4

ADRIANA GUTIERREZ

800m	20th	2:34.68	3/29
	29th	2:27.87	4/19
	14th (p)	2:25.13	5/4
1500m	21st	5:10.33	3/22
	17th	5:05.99	3/29
	8th	5:17.46	4/4
	12th	5:02.47	4/12
	6th	4:58.39	4/26
	16th	5:02.15	5/4

NANCY HARMON

Shot Put	3rd	40-2 3/4	12.26m	4/4
	15th	36-9	11.20m	4/19
	--		FOUL	5/4
Discus	7th	123-0	37.50m	3/22
	15th	121-9	37.12m	3/29
	--		FOUL	4/4
	3rd	116-6	35.50m	4/12
	21st	101-4	30.90m	4/26
	15th	118-2	36.02m	5/4
Hammer	2nd	170-6	51.96m	3/22
	6th	168-1	51.23m	3/29
	2nd	166-1	50.64m	4/4
	1st	169-5	51.63m	4/12
	4th	171-10	52.37m	4/19
	2nd	163-0	49.69m	4/26
	1st	182-6	55.63m	5/4
	4th	172-7	52.60m	5/8

SHERICE HEWETT

200m	5th		25.89	3/29
	2nd (p)		24.80	5/4
	7th (f)		25.33	5/4
100H	2nd		14.92	4/12
	1st (p)		15.05	4/26
	10th (p)		15.10	5/4
Long Jump	11th	16-7	5.05m	3/29
	3rd	17-10 3/4	5.45m	4/12
	3rd	17-8 1/4	5.39m	5/4
Triple Jump	2nd	39-6	12.04m	3/29
	2nd	40-3 1/2	12.28m	4/12
	17th	37-10 3/4	11.55m	4/18
	1st	39-10 1/2	12.15m	4/26
	1st	40-6 1/4	12.35m	5/4

CLAIRA HIMMEL

1500m	23rd	5:01.87	4/19
3000m	7th	11:01.39	3/22
	8th	11:07.44	4/4
5000m	8th	18:53.70	3/29
	19th	18:52.94	4/12
	20th	19:37.47	5/4

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LEAH HOLMES

800m	11th	2:22.18	3/29
	5th	2:20.93	4/12
	5th	2:15.87	4/19
	7th (p)	2:16.54	5/4
	5th (f)	2:18.78	5/4
1500m	7th	4:52.31	3/22
	9th	4:49.10	3/29
	3rd	5:00.65	4/4
	3rd	4:45.39	4/12
	2nd	4:47.59	4/26
	4th	4:39.05	5/4

LABREYA JOHNSON

100m	9th	12.91	3/22
	26th (p)	12.97	4/19
	2nd (p)	12.73	4/26
	3rd (f)	12.66	4/26
400H	9th	1:15.61	3/22
	23rd	1:09.12	4/19
	6th	1:09.24	4/26
	13th (p)	1:10.02	5/4
Long Jump	12th	16-6 5.03m	3/29
	2nd	15-6 3/4 4.74m	4/4
	12th	16-5 3/4 5.02m	4/19
	11th	16-8 3/4 5.10m	5/4
Javelin	11th	53-10 16.42m	3/22
	11th	64-1 19.54m	3/29
	4th	74-8 22.77m	4/4
	--	FOUL	4/19
Heptathlon	6th	3279 points	4/11
	7th	3449 points	5/4

HANNAH JOST

3000m	16th	12:03.32	3/22
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KATY KOCH

3000m	17th	12:31.63	3/22
	13th	12:17.68	4/4
5000m	--	21:10.62	4/13
	19th	21:00.31	4/19
	27th	21:17.35	5/4

SIMBI LAARO

100m	3rd	12.24	3/22
	3rd	12.22	3/29
	1st	11.89	4/12
	--	DNF	4/18
200m	2nd	25.43	3/29
	1st	24.24	4/12

ANNETTE LEMANSKI

1500m	22nd	5:01.81	4/19
3000m	12th	11:35.57	3/22
	11th	11:20.89	4/4
5000m	9th	19:00.26	3/29
	24th	19:10.94	4/12
	19th	19:23.74	5/4

CHELSEA MAXEY

200m	6th	26.41	4/4
100H	7th	15.75	3/22
	10th	15.77	3/29
	1st	15.08	4/4
	3rd	15.36	4/12
	8th (p)	14.81	4/19
	8th (f)	14.98	4/19
	2nd (p)	15.13	4/26
	4th (f)	15.54	4/26
	6th (p)	14.86	5/4
	6th (f)	15.08	5/4
400H	4th	1:10.90	3/22
	7th	1:07.15	3/29
	4th	1:06.13	4/12
	3rd	1:01.93	4/19
	6th (p)	1:05.93	5/4
	7th (f)	1:04.51	5/4
	4th	1:02.76	5/8
	7th	1:06.38	5/16

TESS NELSON

100H	11th	17.61	3/22
	8th	15.59	3/29
	27th (p)	16.51	4/19
400H	8th	1:15.53	3/22
	16th	1:11.16	3/29
	24th	1:10.36	4/19
Long Jump	3rd	15-5 1/2 4.71m	4/4
	15th	16-0 1/4 4.88m	4/19
Javelin	12th	54-0 16.45m	3/29
	6th	48-7 14.82m	4/4
	18th	60-2 18.35m	4/19
Heptathlon	4th	3843 points	4/11
	--	DNF	5/4

KATE NOVACEK

100m	3rd (p)	12.73	4/26
	2nd (f)	12.46	4/26
200m	6th	26.02	3/22
	9th	26.37	3/29
	4th	25.62	4/4
	8th	25.51	4/12
	27th	26.12	4/19
	1st	25.41	4/26
	9th (p)	25.40	5/4
400m	3rd	1:00.54	3/22
	4th	58.80	3/29
	2nd	57.27	4/12
	12th	57.89	4/19
	5th (p)	57.00	5/4
	5th (f)	56.92	5/4

ANULI OKONKWO

100m	2nd	12.37	4/4
	20th	12.52	4/19
200m	3rd	25.13	3/22
	3rd	25.44	4/4
	8th	25.06	4/19
	3rd (p)	24.88	5/4
	4th (f)	24.82	5/4
400m	5th	1:01.11	3/22
	8th	59.84	3/29
	4th	58.20	4/12
	11th	57.57	4/19
	4th (p)	59.02	5/4
	1st (f)	55.70	5/4

EMILY SCHAAL

5000m	--	20:21.40	4/13
	18th	20:16.49	4/19
	24th	20:28.11	5/4

CARISSA SCHNEITER

800m	22nd	2:24.86	4/19
	15th (p)	2:26.02	5/4
1500m	14th	5:04.53	3/22
	15th	5:02.50	3/29
	7th	5:14.75	4/4
	11th	5:00.39	4/12
	7th	4:59.53	4/26
	11th	4:55.54	5/4

MORGAN TORRENCE

100m	31st (p)	13.73	4/19
200m	20th	28.86	3/29
100H	13th	21.45	3/22
	9th	15.65	3/29
	2nd	15.25	4/4
	22nd (p)	15.94	4/19
High Jump	11th 4-6 1/4	1.38m	4/26

SHANNON WAGNER

100m	11th	13.30	3/22
	--	13.32	4/13
	27th (p)	13.06	4/19
200m	12th	27.81	3/22
	7th	27.16	4/4
	--	27.15	4/13
	35th	26.82	4/19
	5th	26.64	4/26
Long Jump	2nd 16-2 1/2	4.94m	4/26

GAYANA WANNIARACHCHI

1500m	26th	5:04.59	4/19
	13th	5:10.74	4/26
3000m	12th	11:30.46	4/4
5000m	7th	18:29.12	4/12
	16th	19:04.51	5/4

SAMMY WOLLER

800m	7th	2:19.67	3/29
	2nd	2:22.37	4/4
	12th	2:24.36	4/12
	6th	2:17.66	4/19
	4th	2:21.81	4/26
	11th	2:18.51	5/4

4x100M RELAY

Johnson, Dixon, Okonkwo, Laaro			
	2nd	48.28	3/29
Dixon, Garner, Laaro, Okonkwo			
	1st	46.92	4/12
Dixon, Okonkwo, Garner, Laaro			
	19th	47.96	4/25
Garner, Hewett, Dixon, Johnson			
	1st	47.89	4/26
Maxey, Novacek, Gayle, Wagner			
	2nd	49.19	4/26
Okonkwo, Hewett, Dixon, Novacek			
	1st	46.89	5/4

4x400M RELAY

Laaro, Okonkwo, Garner, Novacek			
	2nd	3:48.44	4/12
Holmes, Maxey, Clausen, Woller			
	6th	4:05.60	4/12
Garner, Clausen, Novacek, Okonkwo			
	2nd	3:54.74	5/4

(p) - Preliminary Heat

(f) - Finals Heat

3/22 - Cougar Classic (Edwardsville, Ill.)
 3/29 - Bill Cornell Invitational (Carbondale, Ill.)
 4/4 - Marquette Duals (Milwaukee, Wis.)
 4/11 - Lee Calhoun Invitational (Macomb, Ill.)
 4/12 - Billiken Invite (St. Louis, Mo.)
 4/13 - Warrior Invite (Milwaukee, Wis.)
 4/18 - Mt SAC Relays (Walnut, Calif.)
 4/19 - Gateway Invite (Edwardsville, Ill.)
 4/24 - Kip Janvrin Invite (Indianola, Iowa)
 4/25 - Drake Relays (Des Moines, Iowa)
 4/26 - Drake Alternative (Whitewater, Wis.)
 5/4 - HL Championships (Youngstown, Ohio)
 5/8 - Dr. Keeler Invite (Naperville, Ill.)
 5/9 - EIU Twilight (Charleston, Ill.)
 5/16 - Louisville Twilight (Louisville, Ky.)